

Resources to go deeper

If you're interested in learning more about spiritual formation, here are some more resources to consider.

Recommended reading

- *Invitation to a Journey* by M. Robert Mullholland
- *You Are What You Love* by James K.A. Smith
- *Beautiful Resistance* by our guest, Jon Tyson

Recommended listening

- The Way teaching series from Jon Tyson and Church of the City New York:
link.practicingtheway.org/course-s2
- Episode 02 of the Practicing the Way podcast: link.practicingtheway.org/course-s2b