The distinguishing feature of an arrow prayer as opposed to all other prayers are they are usually situational.

You hear the siren of an ambulance and pray
‘Lord help!’,
'Lord heal!,'
'Lord protect!' etc.

You can fire an arrow prayer up all day long —
‘Lord help me to have patience with my child/ren’,
'Lord show me your ways',
'Lord I’m struggling, help',
'Thank you Lord.'